

“ Despite the communication difficulties that my mother was having at that time, it was clear to us that Georgia, the music therapist, had already made an effort to get to know her. Georgia played songs from my mom’s college days, out of her Intercollegiate Outing Club Association songbook. After a while, we noticed that mom’s lips were starting to move, and with each song she became more alert and engaged. **By the last song, mom had her eyes open and was smiling and singing along with Georgia—it was incredible.”**

-Miriam (daughter of Hospice of Frederick County patient)



HOSPICE

MUSIC THERAPY PROGRAM

HOSPICE
FREDERICK COUNTY
An Affiliate of Frederick Regional Health System

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Experience Comfort and Joy Through Music

At Hospice of Frederick County, we offer Music Therapy services to our patients and families to enhance physical and emotional comfort through specialized, clinical interventions with a credentialed professional.

- **Live, patient-preferred music**
- **Singing**
- **Lyric discussion**
- **Songwriting**
- **Playing instruments**
- **Music-assisted relaxation**

Patients and families can receive therapeutic benefits through active participation or by simply being present and listening.

Our professional, board-certified Music Therapist can develop individualized therapy plans and visit schedules based on your needs and goals such as **pain relief, reduced anxiety and agitation, ease of respiratory symptoms, support for depression, enhanced communication and the opportunity for meaningful family involvement.**

This service is provided to our patients and their families at no additional cost.

