Kline Hospice House Turns 10

Since Kline Hospice House opened its doors in 2002, the beautiful home and its caring staff have earned the gratitude and praise of many area families. At one of the most challenging times for individuals and their loved ones, Kline House has been—and continues to be—a truly special place where compassionate care is given and life is celebrated.

“Kline House met every need we had.”

Pepper Delauter’s father, Stanley Gaver, was fearful that he would spend the end of his life in a nursing home. “Because of Kline House, this was something we didn’t have to pursue,” Pepper says. “Dad always loved to joke and kid around, and he was able to do just that to the very end—only because he was so comfortable and at peace with being at such a beautiful place,” she continues. He was thrilled that his dog Sadie was allowed to visit, and he enjoyed reconnecting with old friends and making new friends with Kline House staff and volunteers.

“As the end of Stanley’s life drew near, Pepper and other family members spent the night at Kline House. “I know it not only comforted us being with him, but he was comforted as well, knowing we were there.”

“This place is a jewel…”

“No one ever wants to plan on using a hospice facility—but when the need is there, I can’t imagine being without Kline House,” says John McCarthy. “This place is a jewel for Frederick County residents.”

continued on page 2
The death of his wife Sally would have been much more difficult for him and his 10-year-old son to deal with, had it not been for Kline House, John explains. “No matter how much I could have prepared our home, I don’t believe that I would have been able to respond to every situation that occurred. Kline House staff and volunteers were always ready to respond—not only quickly but professionally.”

Sally, who had recently completed her bachelor’s of science degree in nursing, was thrilled to have wireless internet access at Kline House. A former colleague at FMH, where Sally worked for nearly 30 years, provided a laptop so Sally could continue working on a project. “The thoughtfulness of the IT division of FMH contributed to Sally’s quality of life in ways I’ll never be able to explain, but will remember forever,” John says.

“We were family, not caregivers.”

After years of providing care for Hospice patients, Wanda Haslup was able to welcome her own grandmother, Lydia Frock, to Kline House. “Fortunately, Kline House had an empty bed when it was time for her discharge from the hospital,” Wanda recalls. “Family members were able to continue working without worry—and we could go home at night, knowing she was well provided for. We were able to be family, not caregivers.”

Wanda appreciated the opportunity to step away from her role as nurse to be the granddaughter her grandmother needed. “It was both a privilege and an honor to spend the last week of her life by her bedside without the worry of how her needs were going to be met,” Wanda says. She and her grandmother enjoyed sitting on the Kline House deck in the crisp fall air. “She looked out over the fields and said, ‘It’s not exactly home but it’s close enough.’”

---

**In Memoriam**

**During the last quarter, the families of the following individuals suggested that donations be sent to Hospice of Frederick County in memory of their loved ones. Their generosity at such a difficult time for them personally helps assure the availability of quality care for all.**

Agnes Marea (Kimble) Willoughby
Albert Eddie Federline
Albert Wayne McCleaf
Alton B. Cleveland Sr.
Anna J. Heffin
Blanche Henning
Clifford Michael Duffy
Dorothy C. Robinett
Dorothy Ellen Yingling
Earl “Sonny” Mercer Jr.
Edward L. Wachter
Elizabeth “Betty” C. Gravley
Elmer C. Fuss
Ethel Flora Mitchell Howell
Frances Doris Weller
Genevieve C. Sheridan
George Mercer Thomas
George W. Young III
Grace J. Routzahn
Harold David Harshman
Hattie R. Loy
Henrietta “Hank” Still Jones
John Henry Routzahn IV
John J. Foley
Joseph W. Collins
Joyce Endene Hahn
Judith L. Culler
Lee Frank “Nut” Korell Sr.
Margaret Godfrey Gardner
Martha L. S. Miller
Martin Jones
Nancy E. Rykus
Nancy Jean Hoffman
Nicola Giuseppe Montello
Norma Hudson Roby
Patsy Grace Bussard
Penny Kolson
Robert B. Neal
Robert Lewis Marsh Jr.
Roy “Jimmie” Earl Garrett
Ruth Cronise Akers
Ruth E. Harding
Ruth Mary Parkhurst Zmudzinski
Shirley A. Lippy
Tania D. Madden-Rosarius
Teresa Mae Welsh
Timothy W. Harne
Walter E. Summers Jr.
William A. Simmons
William Blackston Abrecht

---

*Sallyann McCarthy and son, Emmett (bottom), with friend Nick Smith (upper left)*

*Lydia Frock*
How has Kline House surpassed your hopes and dreams? At the beginning, we hoped Kline House would meet the needs of our community and that the community would embrace it. We have more than met those goals—and then some. The dedicated volunteers and staff and the community support have been heartwarming. If we have a need, it is always provided. Everyone continues to be there for us.

What were your biggest concerns when Kline House opened 10 years ago? My biggest concern was proper staffing with the “right” people, as well as funding since we committed to always providing services regardless of ability to pay. Making sure it felt like a home was important to us.

What are your biggest concerns for the next decade? At the beginning, we often had only one or two guests there and sometimes none. Now we find ourselves at full capacity frequently. My concern is the ongoing needs of Kline House—the upkeep and financial needs. Our Plan for Living Campaign to raise $5 million is very important for the future of Kline House, and we are committed to achieving that goal.

What do you think the next decade will bring? I think we will be impacted by the aging of the baby boomers and the growth of Frederick County. It is very possible that we will need another Hospice residence—in fact, we already have a gift of land in the Middletown area for that purpose. We are committed to maintaining quality care and fulfilling our mission, which has not changed since the first day Hospice began serving this community in 1980: To promote quality of life by providing medical, emotional, spiritual and bereavement support to individuals and their loved ones facing a life-limiting illness.

In what ways do you hope Kline House will never change? We must never compromise our focus on the patient and family, the home atmosphere, and quality of care. We only have one chance to serve each patient and his or her loved ones, and we must do our best every time. We must always be able to meet the needs of our patients and families and maintain our philosophy of providing the same care to all, regardless of their ability to pay.

Medical Matters from Dr. B

by Dr. Eric Bush, MD, Rph, MBA, Medical Director, Hospice & Palliative Care

This article is the first in a series of articles on frequently asked questions related to hospice care and palliative medicine.

One of the most commonly asked questions we encounter on a daily basis is how should nutritional issues be addressed at the end of life. Is starvation painful? Should we let Mom eat? We are concerned about aspiration...and so on.

Providing sustenance to a loved one is central to our culture. As patients near the end of life, however, whether or not to feed someone becomes a risk/benefit matter. We almost always encourage natural (by mouth) feeding when possible as the patient generally takes in only what his or her body needs. We do not encourage feeding when patients are refusing food or their level of alertness would almost certainly lead to an aspiration event (food/fluid in the airway). Artificial nutrition (feeding tubes, IV fluids) is generally not helpful and may predispose to increased symptoms such as worsening dyspnea (difficulty breathing) or other issues.

Most actively dying patients do not experience hunger or thirst; it is more troublesome for family members to make the initial decision to allow natural ways of nutrition only. Current data does not provide much support for the use of artificial nutrition in advanced dementia, or in patients on a dying trajectory from a chronic illness. A recent literature review using palliative care and enteral nutrition as search terms found no studies demonstrating improved quality of life through tube feeding. Nutritional interventions at the end of life should be assessed in light of the risks versus benefits of those interventions and their impact on a patient’s quality of life.
BEREAVEMENT Support Groups & Seminars

Support groups, workshops, and seminars are offered at no cost and are open to any adult who has experienced the death of a loved one. All programs are held at Hospice of Frederick County, 516 Trail Avenue, Frederick. To register or receive more information, please call 240-566-3030 or e-mail Linda Kinna-Engel at lkinna@fmh.org or Denise Watterson at dwatterson@fmh.org.

ONGOING GRIEF SUPPORT GROUP
Daytime: First and third Tuesday of each month, 2:00-3:30 p.m.
Evening: Second and fourth Monday of each month, 5:00-6:30 p.m.
No registration required.

This ongoing self-help group provides support to individuals who have experienced the death of a loved one.

CAREGIVER SUPPORT GROUP
Second and fourth Friday of each month, 10:00-11:30 a.m.
No registration required.

This group helps you, the caregiver, to function more effectively while maintaining your own health and well-being. Take a brief respite from your caregiver role and join with other caregivers to share stories, joys, and coping techniques that help you through each day.

GRIEF WORK SUPPORT GROUP
Tuesdays, September 18-November 6
6:00-7:30 p.m.
Register by September 14.

This eight-week support group is for adults who have experienced the death of a loved one, regardless of the relationship, cause of death, or when the death occurred. Participants will be facilitated through self-reflection and discussion of the emotional and cognitive responses to their specific loss, and learn what to expect from the grieving process.

MUSIC WORKSHOP
Wednesday and Thursday, September 26 and 27
6:00-8:00 p.m.
Register by September 21.

This two-evening workshop is for those grieving the death of a loved one. Music appeals directly to the human spirit. Using music as a guide, we will come to understand our personal role in creating our own life symphony, a symphony spiritually designed to comfort and cradle our hurting, broken hearts.

GRIEF EDUCATION AND SUPPORT GROUP
Thursdays, October 4-25
6:00-7:30 p.m.
Register by September 28.

This four-week support group is for the recently bereaved, one to three months following the death of your loved one. This group provides knowledge and insight into the grief journey, while allowing time to process the many difficult and unexpected emotions that you may be experiencing.

COPING WITH THE HOLIDAYS WORKSHOP
Tuesday, November 13, 6:00-8:00 p.m.
Register by November 9.

The holiday season can be difficult under the best of circumstances. Add to that the cloud of sadness when facing your first holiday season without your loved one. The holidays can provoke anxiety, bouts of depression, and other emotional reactions. This workshop provides some practical ideas on how to cope with the upcoming holidays, as well as ways to commemorate the death of your loved one.

Our Caring COMMUNITY

Girl Scouts Troop #81211 from Urbana donated 30 homemade blankets for the campers at Camp Jamie. As part of Carroll County’s Project Linus, the seventh graders rallied others in their community to help make the blankets. The mission of Project Linus is to provide comfort to children who are seriously ill, traumatized, or otherwise in need through the gifts of new, handmade blankets and afghans, lovingly created by volunteer “blanketeers.”

Special thanks to the Libertytown Unionville Lions Club, whose members presented Hospice with a donation at the club’s annual Community Appreciation Night in June.
Plan for Living Campaign Update

The excitement and enthusiasm are growing as we continue to form and build our development committees. These community volunteers have taken a leadership role in our Plan for Living Campaign to ensure that Kline Hospice House is here to serve future generations.

The Hospice Board of Directors is committed to this campaign and understands the importance of reaching the three-year goal to ensure that Kline House and bereavement care is available for future generations.

To learn how you may become involved in this campaign, please contact Hospice at 240-566-3030.

Annual Gifts Committee

This committee’s focus is on The Ambassador Club that recruits club members and recognizes gifts of $1,000, $500, or $250. Recently, committee members gathered to sign letters inviting Hospice volunteers and also those they personally knew in our community to participate in this very important fundraising initiative.

Chair Bunny O’Dell says, “I have a strong passion for Hospice and understand how important it is for those who need end-of-life care. I wanted to be involved in raising money for Kline House because it’s such a special place for those who are dying and can’t be at home.”

From left to right: Committee Chair Bunny O’Dell; committee members Jan O’Leary and Josie Hoffman. Not shown is Sylvia Lucas.

Planned Gifts Committee

This committee is composed of community business leaders who are passionate about planned giving and Hospice’s mission to care for anyone in Frederick County, regardless of ability to pay. Drawn from the disciplines of law, accounting, insurance, and financial planning, these business leaders know that providing timely and accurate information about the benefits of charitable giving through one’s estate plan can benefit the individual as well as the entire community. By pledging your support, you will become part of our Living Legacy program.

Chair Scott Morrison says, “I jumped at the chance to chair this committee. I’ve seen firsthand the great work Hospice has done. When my father passed away, Hospice was a true godsend to not only the family but especially my mother. By encouraging planned giving to Hospice of Frederick County we help guarantee the stability of their services for all our community.”

From left to right: Committee members David Wingate, Elder Law Office of David Wingate, P.C.; Sean O’Keefe, attorney at O’Keefe Legal Services, LLC.; Cris LoVetro, attorney; Meaghan Eyler, attorney at Seymour B. Stern & Associates, P.A.; Gina Taylor, Taylor Financial; and Committee Chair Scott Morrison, The Law Offices of Scott Alan Morrison.

THANK YOU!

Campaign Goal $5,000,000

$5,000,000

$4,500,000

$4,000,000

$3,500,000

$3,000,000

$2,500,000

$2,000,000

$1,500,000

$1,000,000

$500,000
The Memorial Service was such a touching and wonderful reminder of all the lasting memories we have been handed by the loved ones now gone. The setting was conducive to quiet remembrance...an evening to remember.”

“I feel that I have passed another milestone in the grieving process.”

“Thank you. I sat between two strangers who became friends through tears and memories. We all agreed it was just a special moment in time.”

You are invited to join us for this special evening of music, candle-lighting, and personal reflections.

The death of loved ones is, for most of us, one of the most difficult life events that we will ever have to endure. By maintaining that special bond we had with our loved ones, by commemorating their lives and keeping their memory alive, we are better able to find that special place in our heart that is reserved only for them. The relationship continues—just in a different way.

A memorial service tradition is the photomontage that honors loved ones who have died. If you would like to participate, please provide a photo of your loved one to share at the memorial service. We ask that you please mail or drop off the photo to the Hospice office no later than Friday, November 16. Be sure to include a self-addressed, stamped envelope if you would like to have your photo returned.

Please note: Pictures sent to us through email do not show up well in the montage. Questions? Call 240-566-3030.

Please complete and return this form with your photo no later than Friday, November 16 to:
Hospice of Frederick County, 516 Trail Avenue, P.O. Box 1799, Frederick, MD 21702
Be sure to include a self-addressed, stamped envelope if you would like to have your photo returned.

Your name ______________________________________________________
Phone # _______________________________________________________
Name of person in photo ________________________________________
Relationship to you _____________________________________________
Date of birth __________________________________________________
Date of death __________________________________________________

Using 10 descriptive words or less, please tell us about your loved one’s interests: (i.e. gardening, boating, animals, traveling, etc.)

Thank you for helping us honor the memory of your loved ones.
Special Dates to REMEMBER

All events are offered at no cost and are open to the community unless noted. All events are held at Hospice of Frederick County, 516 Trail Avenue, Frederick. To register or receive more information, contact Dianne Elizabeth at 240-566-3038, DHara@fmh.org.

In-Service/Workshop: Learning How to Provide Spiritual Support to the Terminally Ill
Saturday, September 15
9:00 a.m.-12:00 p.m.
Register by September 8.

Appropriate spiritual support to the terminally ill in the absence of clergy, presented by our own Hospice Chaplain, Father Pothin Nguye. At the end of life, the spiritual component can often mean more as one’s physical world and body are coming to an end. Thus, you may find yourself with a terminally ill person who unexpectedly reaches out to you for spiritual support and guidance. Do you feel adequately prepared to meet their needs objectively, skillfully, and comfortably?

Hospice 101
Thursday, September 27
5:00-7:00 p.m.
Register by September 20.

Monday, November 26
5:00-7:00 p.m.
Register by November 19.

An informative and educational presentation on what Hospice is, what it does, who it serves, its mission, philosophy, and volunteer opportunities. This class is a great start if you have questions about Hospice or if you wish to become an active volunteer.

Direct Service Training
Friday and Saturday, October 19 and 20
8:00 a.m.-4:30 p.m.
Register by October 12.

Interested in working directly with Hospice patients and their families as direct service volunteers? This comprehensive and educational training prepares you to work with people at a very trying time of life. Prerequisite: Hospice 101

In-Service: Volunteers Share Their Stories of Caring for Loved Ones with Alzheimers
Monday, October 29
6:00-7:30 p.m.
Register by October 22.

Hear the heartwarming experiences that six of our own volunteers had while caring for their loved ones with Alzheimer’s disease. They’ll talk about overcoming the challenges, appreciating the positives, seeing the miracles, and more.

Annual Appreciation Dinner
Thursday, November 15, 5:30-7:30 p.m.
RSVP by November 3.

RSVP
Thursday, November 15, 5:30-7:30 p.m.
Dutch’s Daughter Restaurant

Volunteer Name ____________________________
Volunteer Phone # __________________________
Number of Guests _______________ @ $25 each
List Guest Name(s) below:
________________________________________
________________________________________
________________________________________
________________________________________

RSVP by November 3. Dinner is complimentary for Hospice volunteers and staff. Cost per additional guest is $25. Mail this form with your check, payable to Hospice of Frederick County, to PO Box 1799, Frederick, MD 21702 or drop it off at our office, 516 Trail Avenue, Frederick. Call 240-566-3030 to pay by credit card.

In-Service: Preparing for Winter Health Challenges
Monday, November 26
9:00-10:00 a.m.
Register by November 19.

When winter comes around, many of us experience weight gain, seasonal depression, holiday stress, and weakened immunity. Find out which foods are purported to help or hinder these conditions, as well as the latest buzz on supplements and herbs that might have a positive impact. We’ll also tap into other natural modalities that may play a role in prevention and healing.
Thank you to our supporters for another memorable and successful evening. Our annual fundraiser on May 10th sold out early, and guests enjoyed a wide variety of delicious cuisine. Gourmet fare included peanut butter bombs, crab dip, and cedar plank salmon—and comfort food classics like fried chicken. The silent auction kept many bidders on their toes to get the last bid in for weekend getaways and other exciting items graciously donated by Frederick merchants and restaurants.

The auction brought in more than $8,000, and the event netted more than $43,000—topping last year’s numbers. All the money raised supports Hospice of Frederick County. We appreciate the generosity of all who attended—including our Taste of Gourmet volunteers who work so hard to make the silent auction such a success.

The following restaurants and caterers generously donated their time, talent, and delicious cuisine:

- A Cut Above Catering
- Aramark--Dining Services
- The Canal Bar & Grill
- Canapes Catering
- Chick-fil-A
- Dutch’s Daughter
- Firestone’s Culinary Tavern
- Giant Eagle
- Gourmet with Paula
- Leiter’s Fine Catering
- Renaissance Chef Catering
- Schroyer’s Tavern at Maryland National
- Silvern & Associates
- The Shamrock Restaurant
- The Silver Maple Restaurant and Wine Bar

The music and DJ services were generously donated by Soundsations Entertainment, Inc.

---

Special Thanks

Main Dish Sponsors
- Right at Home
- Whitesell Pharmacy

Event Sponsors
- James Campbell
- Drs. Manny Casiano & Carmen Hernandez
- Clym Environmental Services
- Home Care Assistance
- Bill & Nicole Orr
- The Orr Group/Merrill Lynch

Table Sponsors
- Susan Barnett
- Dorcus Construction, Inc.
- The Cucchi Family
- Frederick County Bank
- Frederick County Career Firefighters Assoc. (IAFF Local 3666)
- FMH Home Health/
  Frederick Health Services
- FMH Senior Leadership
- Keeney & Basford
- Jenny Morgan
- Law Offices of Haugh & Winters
- Mr. & Mrs. Larry & Cathy Williams
- Mr. & Mrs. Marvin E. Metzgar
- Morgan-Keller Construction
- Norma & Carl Miller
- Resthaven Memorial Gardens & Funeral Services
- Rudman, Kane & Associates
- SAIC – Frederick, Inc.
- Skate Frederick
- Stauffer Funeral Homes, P.A.
- The Silver Maple Restaurant & Wine Bar
- Tx: Team

Friend Sponsors
- Patsy Davies, Joan Derr, Family Smile Center, Frederick Mutual Insurance Co.,
- Tim Gibian, Haugh & Winters, LLP,
- Jean Peterson Design, Alyce Luck,
- Ramar Moving Systems,
- Ricky & Terry Sandy, Dr. Mark Soberman,
- Thomas, Bennett & Hunter, Inc.,
- Ready Mixed Concrete
Beginning on May 18, a very special weekend took place—the 24th Annual Camp Jamie grief camp for children 6-14 years of age. There were 24 campers in attendance and 42 adult volunteers. Memories were made and much healing took place through the group activities, confidence course, illusionist, drumming around the campfire, designing memory boxes and journals, as well as many other activities and reflections. The weekend culminated with the heart balloon ritual as all gathered around to focus on those loved ones who have died. As each balloon was released, it was a time to say goodbye to the pain and hold onto the memories.

We thank all the children, their parents, and the volunteers for helping to make Camp Jamie such a wonderful event. Our deepest thanks go to all the Big Buddies and support staff volunteers; Dr. Dan Haffey, our camp psychologist; Skycroft Conference and Retreat Center in Middletown; Paul Testerman for bus service to and from camp; Vick Gisin from Illusions by Vick; Camille Baughman from Earth Rhythms; Jay Handzo for his work on the confidence course; the Brennan family for leading the fishing activity; the Linus Project for the beautiful donated blankets; Vicki Gates for the donated stuffed animals; the congregation of All Saints Episcopal Church for the donated disposable cameras so the campers could take home memories of their Camp Jamie experience; and The Community Foundation of Frederick County for grant funding.

In the midst of their pain, the children at Camp Jamie provided each other with compassion and support, which is what makes this event so successful and often life-changing: children helping children in their grief.

“She came back with a different attitude of dealing with the grief of her father. She is more open-minded and willing to share her feelings. Many thanks!”

–Mother of a Camp Jamie 2012 participant
Hospice of Frederick County depends greatly on the support we receive from individuals in our community. Whether your donation is your gift to hospice, a living tribute in honor of a special person or occasion, or a memorial honoring the memory of a special friend, relative, or colleague—your generous support makes a difference.

☐ Yes, I want to make a tax-deductible gift to Hospice of Frederick County.

Your Name ____________________________________________________________________________________________
Address _______________________________________________________________________________________________
City _______________________ State ________  ZIP _________ Phone _________________________________________
E-mail ________________________________________________ Amount of Gift __________________________________

PLEASE PLACE MY DONATION IN THE FOLLOWING FUND:
☐ Hospice of Frederick County Fund ☐ Kline Hospice House Fund

My gift is in memory of __________________________________________________________________________________
My gift is in honor of __________________________________________________________________________________

PLEASE ACKNOWLEDGE MY GIFT TO:
Name ________________________________________________ Relationship to Deceased __________________________
Address _______________________________________________________________________________________________
City _______________________ State ________  ZIP _________ Phone _________________________________________

(Hospice will send a card to the family or person you designate, acknowledging your gift made in their name or in the memory of their loved one. No reference will be made to the amount of your gift.)

☐ Check enclosed (Please make your check payable to Hospice of Frederick County.)
☐ Visa ☐ Mastercard ☐ American Express Card # _________________________________________________________
Expiration Date _________________________________________ Signature _______________________________________

TALK OF THE TOWN
Pictured left to right: Bill Anderson, Kate Charuhas, Tim Winter, club president.

Hospice Community Relations Coordinator Kate Charuhas recently spoke to members of The Rotary Club of Fredericktowne about hospice care, Kline Hospice House, volunteer opportunities, and fundraising events.

The Glade Valley Homemakers Club invited Kate Charuhas, Hospice Community Relations Coordinator, to speak about hospice at the club’s annual June meeting and salad supper.

Hospice staff Angie Casterlin and Geoff Littrell, RN, recently spoke at Sunrise Senior Living about hospice care, bereavement counseling, and when to consider hospice care for a loved one.

If you or someone you know would like to have a Hospice of Frederick County representative speak to a group or organization, please call 240-566-3073 or email kcharuhas@fmh.org.
**SEPTEMBER**

Daytime Grief Support  
Tuesday, September 4  
2:00-2:30 p.m.

Evening Grief Support  
Monday, September 10  
5:00-6:30 p.m.

Bereavement Book Club  
Thursday, September 13  
2:00-3:30 p.m.

Caregiver Support  
Friday, September 14  
10:00-11:30 a.m.

In-Service/Workshop:  
Learning How to Provide  
Spiritual Support to the  
Terminally Ill  
Saturday, September 15  
9:00 a.m.-12:00 p.m.

Daytime Grief Support  
Tuesday, September 18  
2:00-2:30 p.m.

Grief Work Support  
Tuesday, September 18  
6:00-7:30 p.m.  
Meets on eight consecutive  
Tuesdays through  
November 6.

Evening Grief Support  
Monday, September 24  
5:00-6:30 p.m.

Music Workshop  
Wednesday and Thursday,  
September 26 and 27  
6:00-8:00 p.m.

Hospice 101  
Thursday, September 27  
5:00-7:00 p.m.

Caregiver Support  
Friday, September 28  
10:00-11:30 a.m.

**OCTOBER**

Daytime Grief Support  
Tuesday, October 2  
2:00-2:30 p.m.

Grief Education and Support  
Thursday, October 4  
6:00-7:30 p.m.  
Meets on four consecutive  
Thursdays through  
October 25.

Evening Grief Support  
Monday, October 8  
5:00-6:30 p.m.

Caregiver Support  
Friday, October 12  
10:00-11:30 a.m.

Daytime Grief Support  
Tuesday, October 16  
2:00-2:30 p.m.

Direct Service Training  
Friday and Saturday,  
October 19 and 20  
8:00 a.m.-4:30 p.m.

Evening Grief Support  
Monday, October 22  
5:00-6:30 p.m.

Caregiver Support  
Friday, October 26  
10:00-11:30 a.m.

In-Service: Preparing for  
Winter Health Challenges  
Monday, November 26  
9:00-10:00 a.m.

**NOVEMBER**

Daytime Grief Support  
Tuesday, November 6  
2:00-2:30 p.m.

Bereavement Book Club  
Thursday, November 8  
2:00-3:30 p.m.

Caregiver Support  
Friday, November 9  
10:00-11:30 a.m.

**Sponsors Needed...**
**Show Your Support!**

**ANNUAL**
**HFC/FMH GOLF CLASSIC**

Thursday, September 13, 2012  
Maryland National Golf Club

Sponsorship opportunities are  
still available. Call 240-566-3036  
or email acasterlin@fmh.org to  
sponsor this first-class, highly  
attended event.

All proceeds go directly to  
Hospice of Frederick County to  
support the local community.

All events listed  
here are open to  
the community  
and offered at  
no charge unless  
marked with  
an asterisk (*).  

See pages 4 and 7  
for event details.
wish list

Kline Hospice House
- Boxes of tissues
- Coffee/sodas (Coke, Sprite, ginger ale, root beer)
- Dishwasher detergent
- Laundry detergent (front loading)
- Disinfectant wipes
- Bleach
- Toilet bowl cleaner
- Toilet bowl brushes
- Paper towels
- Zip-lock baggies (qt. or larger)
- Liquid hand soap
- Solid air fresheners (non-floral)
- Tall kitchen trash bags (13 gal.)
- Garbage bags (8 gal.)
- Gift cards (WalMart, Food Lion)

Comfort Room
- Children’s grief books
- Journals (5 x 7” lined)
- Boxes of tissues

SUPPORT HOSPICE Personalized Angel Ornaments
These beautiful hand-blown glass ornaments tipped with 22K gold on the wings and halo can be personalized with a name and/or dates. Give this lovely ornament as a gift in memory or honor of a loved one, or place in on your own tree. Packaged in a satin-pillowed gift box, the angels are available for a $25 donation. Beautiful gold braided stands can be purchased for $5. Angels and stands are available online at hospiceoffrederick.org or at the Hospice of Frederick County office, 516 Trail Avenue.

how to REACH US
At the Office
516 Trail Avenue, Suite C
Frederick, MD 21702
240-566-3030
8:00 a.m. to 4:30 p.m. (M-F)

On our Website
hospiceoffrederick.org

On Facebook
facebook.com/HospiceFrederickCounty

Laurel A. Cucchi, Executive Director

Board of Directors
Tim Gibian, Psy.D
Board President
Ricky Sandy
Assistant Board President
Don Butt, Jr.
Treasurer
Kim Firestone
Mark Goldstein, MD
William Haugh
Carmen Hernandez, MD
Thomas A. Kleinhanzl

Alyce Luck
Timothy S. May
Carl Miller
Douglas Stauffer
John Verbus

Has your address CHANGED? Would you prefer to no longer receive this mailing and read our newsletter online? Please let us know. Keeping our mailing list up to date saves valuable resources. Thanks for your help!